

NICHOLS HILLS

united methodist church



Dr. Trevor Smith

Jesus Christ is Lord

⁵ Let the same mind be in you that was in Christ Jesus,⁶ who, though he was in the form of God, did not regard equality with God as something to be exploited,⁷ but emptied himself, taking the form of a slave, being born in human likeness. And being found in human form,⁸ he humbled himself and became obedient to the point of death—even death on a cross.⁹ Therefore God also highly exalted him and gave him the name that is above every name,¹⁰ so that at the name of Jesus every knee should bend, in heaven and on earth and under the earth,¹¹ and every tongue should confess that Jesus Christ is Lord, to the glory of God the Father. -*Philippians 2:5-11*

Last week as our family was saying our prayers before bedtime I listened to my youngest daughter, Avery, pray the following prayer: “Jesus, let Winnie go to heaven with me because he bows down to you.” Then she held her Winnie the Pooh bear in her hands and said, “Winnie, bow down.” I was impressed to see the simple way that my four and a half year old daughter understood our most basic Christian belief that Jesus Christ is Lord. To follow Jesus means to bow down to him because he is Lord.

One of the earliest Christian confessions of faith is the simple statement, “Jesus Christ is Lord.” The Hebrew word *Messiah* and the Greek word *Christos* mean *the anointed one* or *the King*. When we say that Jesus Christ is Lord we are saying that he is our King. In the hymn, *He Is Lord* we sing, “He is Lord, he is Lord, he is risen from the dead, and he is Lord! Every knee shall bow, every tongue confess that Jesus Christ is Lord.”

Avery’s prayer challenged me to consider whether I am bowing down to Jesus in the various areas of my life. Do I honor Jesus in my relationships, my work, and my play? Do I take the time to worship Jesus through daily prayer and with other Christians on Sunday morning? Am I serving in ministry in ways that are in line with God’s will for my life? Am I allowing Jesus to be Lord of all parts of my life?

This week I invite you to take a spiritual inventory of your life. Are there parts of your life that you need to bring under the Lordship of Jesus Christ? Is it evident that Jesus Christ is Lord in your relationships, in the way you serve others, in your practice of generosity, and in the way you worship God on Sundays and throughout the week? When we bow down to Jesus we demonstrate to the people in our lives that Jesus Christ is Lord.

On Sunday we will continue our *Ekklesia: Why Church?* Sermon series by talking about the mission Jesus gives us to make disciples of Jesus Christ in the Great Commission in Matthew 28:18-20. I hope you will plan to worship with us at 8:30 or 10:50 a.m. as we focus on the meaningful way Jesus invites us to fulfill our church’s purpose in the way that we make disciples of Jesus Christ. Have a great week, and I will see you on Sunday.

Blessings,
Trevor

Ministry Calendar

Sunday, February 5

Worship at 8:30 a.m.
Sunday School at 9:45 a.m.
Worship at 10:50 a.m.

Monday, February 6

Care Committee at 4:00 p.m.
Women’s A.A. Group, 5:30 p.m.
Cub Scouts at 6:30 p.m.

Tuesday, February 7

Church Council at 5:30 p.m.

Wednesday, February 8

Newsletter Folding at 10:00 a.m.
Nichols Thrills Meal at 5:30 p.m.
I Am a Church Member Study at 6:00
Choir Rehearsal at 7:30 p.m.

Thursday, February 9

Altar Guild Meeting at 4:00 p.m.
College and Young Adult Group
at 7:00 p.m.

Friday, February 10

John Marshall Market, 10:30-12:30

Sunday, February 12

T.L.C. Sunday at 8:30 & 10:50 a.m.

Sunday, February 19

Scout Sunday at 8:30 & 10:50 a.m.

Nichols Hills U.M.C.

(405)842-1486

(405)843-1835 Fax

www.nicholshillsumc.org

The Learning Center

Monday, Wednesday, Friday

9:00 a.m. - 2:30 p.m.

Tuesday and Thursday

9:00 a.m. - 4:00 p.m.

(405)842-5325



Ministry Opportunities

Hospitality Greeters

Do you like to smile and talk to people? Are you enthusiastic about our church? If so, please consider becoming one of the Sunday Morning Greeters. If this is an opportunity you would enjoy, please see Alfred Walker for more details.

Coffee Hosts

Coffee hosts provide 8-9 dozen cookies. At the close of the 10:50 Service, the host(s) stand by the cookie table in the Narthex and greet people. We have openings for coffee hosts for **February 19, 26, and all of March.** To serve, sign-up on the bulletin board outside the office.

Altar Guild

The sacrament of communion is a meaningful and important part of our weekly worship. If you are interested in helping prepare the table, please contact Carol Magness at 405-640-4429 or Janet Jones at 405-627-1566.

Serving in Altar Guild this month are: Mary Ann Carmichael, Carla Hill, Anne Holbrook, Janet Jones, and Kathy Walker.

Transportation Ministry

Would you like to bring joy to someone by bringing them to church? If you would like to join our transportation ministry contact the church at 405-842-1486.

Serving In Ministry on Sunday, February 5.

The coffee host is Jackie Hall.

The chancel flowers are given by General Bill Bowden in honor of Marjorie Bowden Trammell, daughter, for her graduation at St. Gregory University for her M.B.A.

Cares and Concerns

Epworth Villa

Maxine Asch, Joanne Crosby, Bonnie Miller, and Sylvia Miller

Town Village

Joanna Garnett

The Fountains at Canterbury

Virginia Brown and Anita Dahlgren

Autumn Leaves

Bill and Katie Alexander

At Home

Roger Etling, Ann Flesher, Jess and Bette Harris, Dale Jordan, Frances Lewis, David Mueller, and Maxine Permenter

Ekklesia: Why Church?

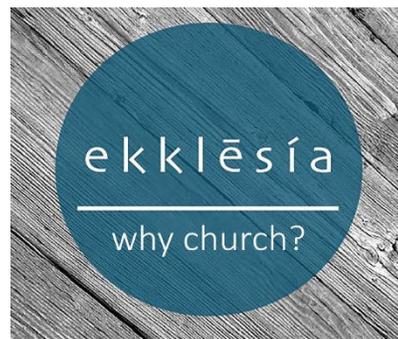
Why church? It may just be the question you are asking as we begin a new year. Why church? The word *church* comes from two Greek words: *Ek* means *out*, and *Klesia* means *called*. The church is people who are called out by God to serve God and be God's people. Join us on Sunday mornings at 8:30 or 10:50 as we explore the belief that *the local church is the hope of the world* and why being part of the church will bless you and build you up in the year to come.

February 5

Our Mission

February 12

The Body of Christ



Rev. Matt Patrick

Youth Super Bowl Party

Hey everyone! This Sunday February 5th from 5:00-7:30 p.m., we will be having a Super Bowl Party over at Pops in Nichols Hills Plaza. This is an opportunity for anyone 6th-12th grade to come and enjoy food and football together. Last year, we had a really great time at Pops, and they have a really great atmosphere for the "Big Game." If you have a student in this age range and have any questions, you can contact me. I'm looking forward to seeing you all this Sunday. Go Falcons!

-Matt

Children's Ministry

Hope everyone is enjoying the great weather we've been having lately and spending some time outside!

The kids will be singing in the late service on February 26th, and we would love to have you all be apart of this opportunity. The kids will get to practice with Michael Wylder during Sunday school so we would love to have you there if you are able!

If you are interested in volunteering with our Children's Ministry we would love to have you! For any questions please email me at mchillless@uco.edu.

Have a great week! See you on Sunday!

-Madison



Madison Chillless

Tidbits from The Learning Center



Denise Buthion,
Director

Our Amazing Athletes program is growing by leaps and bounds (no pun intended.) Parents can sign up their children for this "extra" activity to learn new skills, techniques, and mechanics of nine different sports. This is a year-round program that is specifically designed to enhance children's learning experience through movement. Not only do they learn about the sports but they also build self-confidence, practice teamwork, and improve seven key areas of motor development: balancing, running, jumping, throwing, catching, kicking, target bowling. These are non-competitive and developmentally

appropriate activities that the children just love. Our "coaches" set up for activities in the Fellowship Hall or outdoors if the weather is nice.

Amazing Athletes is so popular that we have them twice a week! Any child can visit to see if they enjoy the hands-on experiences and then their parents can sign them up. Each class focuses on two different sports and incorporates activities proven to increase a child's overall cardiovascular fitness, muscle tone, hand-eye coordination, reaction time and more!

We are so grateful to offer this program which truly makes a difference.

- Denise



John Marshall High School Ministry Volunteer Positions Available!

Would you like to serve in one of our ministries at John Marshall High School? Below and on the next page are several ways you can help us make a Christian difference. Contact Stephanie Henry if you would like to serve.



Job Title: John Marshall Ministry Volunteer Coordinator

Purpose: Recruit, organize, and manage volunteers to work at the J.M. Neighborhood Market and Clothing Closet with the purpose of giving as many church members an opportunity to serve while striving to create strong relationships with the students and staff at John Marshall.

Key Responsibilities: Help determine opportunities/need for volunteers and communicate to church members.

- Create volunteer schedule for each shift.

- Ensure that each regular volunteer has obtained a background check approval from OKCPS and the Regional Food Bank if applicable.

- Communicate volunteer schedule to all volunteers.

- Fill any volunteer positions when substitutions are needed due to illness, etc.

- Maintain volunteer contact list.

Time Commitment: Approximately 2 hours per week (on your schedule) and work at least one shift per month (Tuesdays or Fridays) to stay connected with program needs.

Skills Required: Computer skills are needed to maintain list, create schedule, and communicate with volunteers. Coordinator will need to talk to members of our church to help determine a good fit for their skills. Must pass OKCPS background check.

Job Title: John Marshall Neighborhood Market Prep Manager

Purpose: To prepare the Neighborhood Market each week by creating a pleasant, organized, and clean environment that demonstrates our care for the students.

Key Responsibilities:

- Manage volunteers on Tuesday to restock shelves, organize inventory, and flag low inventory items.

- Set standards for excellence, i.e. labels facing out, stacks organized, etc.

- Create snack bags for afterschool tutoring.

- Sweep pantry floor and wipe down surfaces.

Time Commitment: Approximately 3 hours per week. The majority of that time would be Tuesday mornings 9:00-12:00 at John Marshall High School. Some flexibility is needed to potentially work a couple of extra hours another day each month, if the food delivery happens on a day other than Monday.

Skills Required: Must be able to lift 30 lbs. Manager must be proficient at organizing and making the room aesthetically pleasing. Must pass OKCPS background check.

Job Title: John Marshall Neighborhood Market Shopper (2 positions)

Purpose: To shop for supplemental food and toiletry items for the market as needed on a weekly basis.

Key Responsibilities: Receive shopping list (usually 3-8 items) on Friday afternoon.

- Help determine best price/store for specific items, i.e. Sam's, Wal-Mart, Aldi, Dollar Tree, etc.

- Deliver items to John Marshall on Tuesday morning or coordinate alternate delivery.

- Utilize tax exempt status.

- Coordinate use of church credit card or submit form/receipt for reimbursement.

- Copy purchase receipts for accounting purposes.

Time Commitment: Approximately 2 hours per week (on your schedule between Friday afternoon and Tuesday morning). Shoppers could alternate weeks.

Skills Required: Great bargain shopper with a vehicle that can be used to transport case items. Able to lift 25 lbs.

John Marshall Ministry General Volunteers

Neighborhood Market Prep Volunteers

Purpose: To prepare the Market so that it is a pleasant and welcoming environment for the students.

Job Description:

- Stock shelves.

- Organize inventory.

- Clean and prepare room for students.

Time Commitment: Tuesdays from 9:30 to 11:30 a.m. (Must commit to two weeks a month.)

Skills Required: Must be able to lift 25 lbs. Must pass OKCPS background check.

Turn this page over for more opportunities!

Neighborhood Market Assistants

Purpose: To welcome the students and work to build a relationship with them during their brief time in the Market.

Job Description: Assist students with food selection.

Replenish inventory when necessary.

Connect with students and staff.

Time Commitment: Fridays from 10:00 a.m. to 12:45 p.m. (Must commit to two weeks a month.) The Market is sometimes open on an alternate day due to school break schedule or weather related closings.

Skills Required: Must pass OKCPS and Regional Food Bank of Oklahoma background check.

Clothing Closet Prep Volunteers

Purpose: To prepare the Clothing Closet so that it is an organized and pleasant place for the students to find needed clothing.

Job Description: Sort clothing donations by type and size.

Hang or fold clothing for display.

Help to create organized and pleasant shopping environment.

Time Commitment: Fridays from 9:30 to 11:30 a.m. (Must commit to two weeks a month.) Alternate days could be scheduled due to school break schedule or weather related closings.

Skills Required: Must pass OKCPS background check.

Clothing Closet Assistants

Purpose: To welcome the students and work to build a relationship with them during their brief time in the Clothing Closet.

Job Description: Assist students with clothing selection

Connect with students and staff

Time Commitment: Tuesdays from 9:30 to 11:30 p.m. (Must commit to two weeks a month.) The Clothing Closet could be open on an alternate day due to school break schedule or weather related closings.

Skills Required: Must pass OKCPS background check. Will need at least one woman and one man per shift. Looking for people who are great at putting outfits together.

John Marshall High School Ministry Needs

On-going Needs for the Neighborhood Market

- **Women's Deodorant***
- **Toothpaste***
- **Small Laundry Detergents** (10 oz size is best for them to carry home)*
- **Snacks** (bars, crackers, etc.) Anything that you can find a good deal on.
- **Travel Toiletries** (the students love the shampoo, conditioners, and shower gels)

*You can usually find these at the Dollar Tree or other dollar stores.

On-going Needs for the John Marshall Clothing Closet

We are in the initial stages of setting this up and defining the needs for this ministry. We currently need clothing for students in 7th -12th grades in adult sizes XS-2XL.

- **Sports Bras**
- **Coats/Jackets**
- **Hats or Gloves**
- **T-Shirts** (to be used for athletic practice). No private school names/logos or inappropriate topics. Thunder, old race shirts, OU, OSU, etc. would be great!
- **Gym Shorts** (to be used for athletic practice). Again, no private school logos. They would like these to be longer for the girls. Basketball shorts would be great.

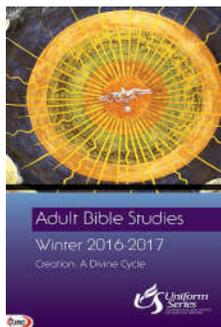
If you have any of these items, please hang them in the coat closet in the Narthex as soon as possible.



Thank you to all who have donated clothing! Your donation helped this young man and others dress for success!

The Bible Class

The Bible Class is our newest Sunday school class. This inter-generational class uses the Adult Bible Studies series. These are excellent, well-prepared studies. Each week covers a different scripture and lesson, and you are given a new book of studies each quarter. If you are interested in studying the Bible we hope you will join us. The class meets at 9:45 a.m. each Sunday in the Conference Room just inside the East door of the church. Come prepared to join in the discussions and fellowship.



Cub Scout Pinewood Derby

We are happy to host the Cub Scout troop at Nichols Hills U.M.C.! This past weekend, the Cub Scouts had their annual Pinewood Derby in our Fellowship Hall. The Pinewood Derby is a racing event for Cub Scouts in the Boy Scouts of America. Cub Scouts, with the help of parents, build their own cars from wood, usually from kits containing a block of pine, plastic wheels, and metal axles. They can decorate them any way that they choose. The goal is to be the fastest and win the race. Our very own Rev. Matt Patrick started the race off! Below are photos of the racing fun!



Manage Your Giving Online And Use Our QR Code

Nichols Hills United Methodist Church is excited to announce that you can now manage your giving online! Visit the church website at www.nicholshillsumc.org. Click on the blue *Make A Donation* button. Then follow the online instructions.

We also have a QR Code that you can scan with your cell phone to donate. If you have any questions, please contact Louise Glass at the church 405-842-1486.



Birthdays

- 02/05 Bette Harris
- 02/07 Virginia Brown
- 02/08 Steve Forster
- 02/09 Marty Smith
- 02/10 James MacKellar, Jr.
- 02/11 Ann Flesher
Lillian Straughn
Olivia Straughn
- 02/12 Lucas Butler
Carol Sue Manley
- 02/13 Gwen Griffin
Violet Robinson
Hannah Story
- 02/14 Joanne Crosby
- 02/15 Nancy Flesher
Bill Wells
- 02/16 Trent Saunders
Laura Tirrell
- 02/17 Kellie Fischer
- 02/18 Jerry Jennings
- 02/19 Gloria Crownover
Jennifer Klos

If your birthday isn't included in our list, please contact the church office (405-842-1486) to be added.

RDS Unite App

We are excited to announce a new app from RDS called Unite that allows you to have access to our church directory, make contributions, change your personal information, change your directory photo, and view your personal contribution history all from your phone!

This app is available for Apple, Android, and Microsoft. It is free for download from the app store on your phone. To find it, search for "RDS Unite.", download and install it. Then open it and click "Register." Enter the church code 10081, then your email address, then enter a password of your choice and click "Register." If you have any questions, contact Delaney in the Church Office at 405-842-1486.

Nichols Hills United Methodist Church
1212 Bedford Drive
Oklahoma City, Ok. 73116

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Sunday School Classes - Sunday at 9:45 a.m.

The Brew Class: *Meets in the Room 131* - Bring your coffee and join "The Brew" as we study Max Lucado's book, Next Door Savior. This Sunday we will have breakfast together during Sunday School. For more information about "The Brew" please contact: Tim Baker (405) 209-5467 or Christie Baker (405) 922-5154.

KIVA Class: *Meets in the Parlor* - Buzz McDaniel will speak on "A New Reformation?" Leaders: Mike and Pama Palmer.

Reveille Class: *Meets in the Library* - Do you like to see how your faith impacts your everyday life? Join us for a discussion of how the Bible speaks to the current events in our lives. Teacher: Tom Fraley.

Open Circle Class: *Meets in the Archives Room* - The Open Circle Class primarily utilizes the lectionary approach to studying scriptures, which excerpts scriptures from the Bible so that the full Bible is covered every three years. We also study hymns. Teacher: John Marshall.

The Bible Class: *Meets in the Conference Room*. - Join us as we study the Bible through the Adult Bible Study curriculum. Teacher: Dr. Jerry Perryman. For more information, contact the Church Office at 405-842-1486.

Youth Class: *Meets in the Youth Basement* - Join us for fun, fellowship, and a lesson that will bring you closer to God. Leaders: Rev. Matt Patrick and Matt Eales.

Second Graders through Fifth Graders: *Meets in Room 124*. Join us for a fun time with your friends as we grow closer to God and each other. Director of Children's Ministry: Madison Chilless.

Children's Class: *Meets in the Children's Area*. - Join us for a child-friendly lesson, snacks, and crafts as we learn about the Bible together. Director of Children's Ministry: Madison Chilless.

Dr. Trevor Smith, Senior Pastor
Rev. Matt Patrick, Student Pastor
Michael Wylder, Director of Church Music
Madison Chilless, Director of Children's Ministry
Delaney Sheffield, Administrative Assistant
Dr. Antone Godding, Organist
Kathy Smith, Treasurer

Louise Glass, Financial Secretary
Denise Buthion, Director of The Learning Center
Michael Hall, Maintenance/Custodian
Alfred Walker, Sunday Host
Randall Blair, Sunday Host
Rachel Spear, Nursery Attendant
Shendra Stevens, Nursery Attendant

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