



Remember to sign your child in and out daily-required by DHS. Thank you-



Management Team

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THE LEARNING CENTER

Our mission is *to make disciples of Jesus Christ for the transformation of the world.*

2016 CALENDAR OF EVENTS

- | | |
|-------------------------------|-----------------------|
| Summer Break | August 1-5 |
| First day of fall session | August 8 |
| Labor Day-TLC Closed | September 5 |
| Fall Break-TLC Closed | October 13 & 14 |
| Spring Enrollment | October 17-21 |
| Halloween parties | October 31 |
| Thanksgiving Break-TLC Closed | November 23-25 |
| Christmas parties | December 23 |
| Last day of fall session | December 23 |
| Christmas break-TLC Closed | December 23-30 |
| New Year's Day-TLC Closed | January 2 |
| First day of spring session | January 3 |

August Birthdays

- | | |
|------------------|-----------|
| Molly Newcomb | August 5 |
| Maddy Birmingham | August 8 |
| Luke Box | August 11 |
| Jennings Hill | August 12 |
| Tatumn Rogers | August 14 |
| Alex Wayne | August 25 |
| Amelia Owens | August 29 |



Weekly Specials Fall 2016



Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
.Tippi Toes Dance* 10:30	Art Lessons *Children's Chapel	Children's Chapel 9:45 Munchkin Music 10:15	Amazing Athletes* 10:30 Children's Chapel 2:45	Art Lessons Amazing Athletes
*cost extra \$35 monthly	*Chapel is for 3 yrs & up	*Chapel for 3 yrs & up	*cost extra \$40 monthly	same

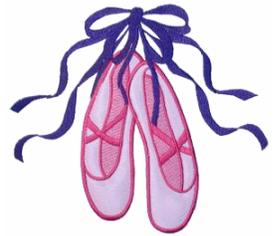
Tippi Toes



Tippi Toes offers positive, fun dance classes for girls and boys ages 1.5 – 10 years-old! Our mission: to develop a love of dancing in children by creating a positive experience that promotes healthy living habits, helps build self-confidence, and a love for others.

Fall classes at TLC will be on Mondays from 10:30-10:55 a.m. Tuition is \$35 per month.

To enroll, please go to www.tippitoesdance.com/oklahoma-city and follow the instructions to enroll!



Amazing Athletes

Amazing Athletes is an introduction into the basic fundamentals and mechanics of nine different sports and focuses on self-confidence, practicing teamwork, and improving seven key areas of motor development. Young children need guidance in building their balance, agility, strength training within a non-competitive, learning-based environment. Each class will focus on two different sports and incorporate activities proven to increase children's overall cardiovascular fitness, muscle tone, hand-eye coordination, reaction time and more! Teaching children life skills through sports is FUN! Classes are \$40 a month and lessons are each Thursday and now a class on Fridays, too. The program is for Zebras, Jaguars and Cheetahs. This program is a year round activity. Enroll today for just \$20 (enrollment fee) and get your tee-shirt for Amazing Athletes.



Music Classes

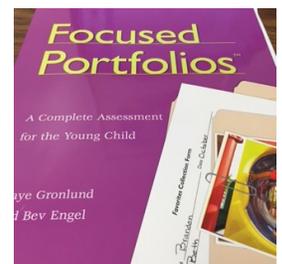


Your monthly tuition includes Music class on Wednesdays. Each week we have Miss Andrea from Munchkin Music bring her expertise to the Cubs (infants) through Cheetahs (4 year olds.) All of the children enjoy their music time. We have a program in May to share what the children have learned. Each month we send out songs, finger plays and key concepts that Andrea is working on with the children. Watch for this information each month in an email.

Focused Portfolios

Our staff uses a process of documentation called "Focused Portfolios" to record children's growth and development. Through photographs, anecdotes and children's work samples, teachers put together a visual account of each child's accomplishments. This process recognizes and celebrates that all children develop at different rates and with various strengths. Collections are completed in fall and spring and are kept in a folder for the year, after which the portfolio becomes a keepsake for the child and family. This collection is a representation of your child as an individual with distinct interests, background, skills and desires. We will offer family conferences twice a year to share these special collections and to celebrate the accomplishments of your child. Families are invited to participate in this portfolio collection process in whichever special way you choose. Here are some suggestions:

- ⇒ Create a photo collage of your immediate or extended family
- ⇒ Write about a special family event or trip and include a photo
- ⇒ Share how your child's name was selected
- ⇒ Describe a family hobby or typical weekend past time



Monthly Fire Drill



Our last fire drill was conducted July 20, in the morning. The children exited the building in one minute forty-five seconds and went straight to the BIG outdoor playground. Teachers take attendance and talk to the children about the process so they can learn about safety. Each class practices going to our tornado shelter (downstairs) monthly as well. Make sure you practice what to do at home.

ART CLASSES

Our art instructor, Ms. Heather, will continue her instruction with the children each week. The Monkeys and Zebras will have their lessons on Tuesdays and the Jaguars and Cheetahs will be on Fridays. We are really enjoying their creative experiences.



Children's Chapel Time

Our children are enjoying their time learning about God in our Sanctuary on Tuesdays, Wednesdays and Thursdays. We have a prayer, song and quick Bible story. As part of the Nichols Hills United Methodist Church's mission we are committed to leading children into faith for the transformation of the world. Tuesdays and Thursdays our chapel time is 2:45-3 p.m. and Wednesdays we have chapel 9:45-10 a.m. Families are always welcome to join us.



Services at Nichols Hills United Methodist Church

We invite all families to our church services on Sundays. There is an 8:30 a.m. and a 10:50 a.m. service. Sunday school is typically 9:45 to 10:30. Child care is available. Our music, choir and sermons are very much the antidote for a hectic life. Please join us. For more information call the church 842-1486. See you then!

SUNSCREEN

Please remember to slather sunscreen on your child before they come to school each day. We will reapply in the afternoon. If your child has sensitive skin please bring us your sunscreen to use. Otherwise we will use our generic bottle from Rocky Mountain. It is hypoallergenic. It is imperative that you label your sunscreen with first and last name. Thank you so much!



Infant Crisis Center

For the month of August we are collecting the following items for the Infant Crisis Center. You may leave your contribution at the front desk.

- ◆ Un-opened Good Start formula
- ◆ Diapers size 4,5 or 6
- ◆ Gently used clothing infants-4T
- ◆ Infant toys or books (English/Spanish)
- ◆ Sippy cups
- ◆ Baby bottles
- ◆ Baby bath, shampoo or lotion
- ◆ Coats 2T-4T
- ◆ Youth toothbrushes & toothpaste
- ◆ Blankets
- ◆ Pacifiers
- ◆ Paper towels
- ◆ Toilet paper
- ◆ Gas cards, bus passes, gift cards



IMMUNIZATIONS must be kept current. Bring an updated shot record to school following vaccinations. Thank you!





OPEN HOUSE SCHEDULED

Please join us for our annual Open House, **August 17, 5:30-6:30 p.m.** We will have a brief introduction to the staff, Parent Advisory Committee and our TLC Management Team. There will be time for families to tour the classrooms and visit with the teachers. Refreshments will be served. This is a nice time to bring in the grandparents and other family members so they can see where your child plays and works every day they come to The Learning Center. Mark your calendar for this event. Refreshments will be served.



STRESS. . . "In early childhood, the most important force shaping the development of qualities such as grit and resilience turns out to be a surprising one: stress." This is the conclusion of Paul Tough in his article, "How Kids Learn Resilience," in [The Atlantic](#) (June 2016). He explains...

"On a cognitive level, chronically elevated stress can disrupt the development of ... executive functions: higher order mental abilities... which include working memory, attentional control, and cognitive flexibility [which are exceptionally helpful in navigating unfamiliar situations and processing new information, which is exactly what we ask children to do at school every day....

"For children who grow up without significant experiences of adversity, the skill-development process leading up to kindergarten generally works the way it is supposed to: Calm, consistent, responsive interactions in infancy with parents and other caregivers create neural connections that lay the foundation for a healthy array of attention and concentration skills. Just as early stress sends signals to the nervous system to maintain constant vigilance and prepare for a lifetime of trouble, early warmth and responsiveness send the opposite signals: *You're safe; life is going to be fine. Let down your guard; the people around you will protect you and provide for you. Be curious about the world; it's full of fascinating surprises.* These messages trigger adaptations in children's brains that allow them to slow down and consider problems and decisions more carefully, to focus their attention for longer periods, and to more willingly trade immediate gratification for promises of long-term benefits."

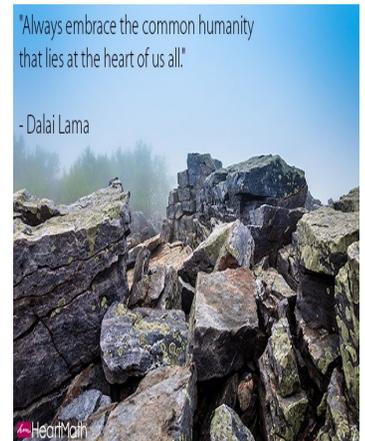
STAFF ANNIVERSARY



This month we celebrate Keyneisha Prather's work anniversary. She is one of the teachers who has committed herself to The Learning Center to provide the highest caliber of care for our children. Her son is one of our students in the Zebras' classroom. Keyneisha knows the value of quality care and is returning to Rose State to complete her studies in early childhood education. As of August 5 she will have been with TLC for five years. Congratulations Miss Keyneisha for another year of your dedication. We appreciate your hard work and assistance to make our program what it is!



Keyneisha Prather
August 5, five years



~AUGUST 2016~

1	2	3	4	5
CLOSED ALL WEEK				→
8 Nutra grain Bars & Juice	9 Animal Crackers & Nutella	10 Goldfish & Pineapple cups	11 Bananas & Vanilla Wafers	12 Saltines & Dill pickles
15 Granola Bars & Juice	16 American Cheese & Wheat Thins	17 Chex Mix & Apples	18 Fruit snacks & Animal crackers	19 Cheerios & Craisins
22 Carrots & Ranch Dip	23 Turkey Roll-ups	24 Go Gurts & graham crackers	25 Veggie Straws & juice	26 Pudding & Vanilla Wafers
29 Pretzels & Hummus	30 Fruit cups & Animal crackers	31 Tortillas & grape jelly with cream cheese		

Block Party to end Summer

It has been a terrific summer. We want to celebrate with our church family and neighborhood to end our summer session! Plan to join us **August 21, 5-7 p.m.** in the Fellowship Hall and outdoors for a fun filled evening. We will have some water play activities, snow cones, face painting and much more. This is a Sunday evening so remember to mark your calendars for this wonderful event. More information will follow in emails. . . Keep your eyes open.



Parent Advisory Committee (PAC)

Our Parent Advisory Committee (PAC) will meet **August 17** in the Parlor at 1:45 p.m. This group typically meets the second Wednesday of each month. Any family members who wish to participate are welcome to join us. The PAC will serve as feedback for the management team, help to distribute information, assist with special celebrations and so on. We would welcome your input as to how to involve families in our program or any other suggestions. So far the communication has improved with your help. Your involvement is always appreciated! The following people who represent the classrooms are:

Cubs— **Open**
 Pandas—Mary Fitch
 Monkeys—Jillian Murphy
 Zebras— Jennifer Akin
 Jaguars—Marina Williams
 Cheetahs—Sarah Lausen





THE LEARNING CENTER

Fall Semester Tuition Schedule effective **August 8, 2016**

Monthly Tuition

(two day minimum, all ages)

Monday	Tuesday	Wednesday	Thursday	Friday
\$117	\$150	\$117	\$150	\$117

Examples: Monday, Wednesday, Friday = \$351
 Tuesday, Thursday = \$300
 Monday, Tuesday, Wednesday, Thursday, Friday = \$651
 Any combination of days based on availability.

Other Fees:

- Enrollment Fee (per session) \$75 - 1st child; \$15 - less each additional child
- Supply Fee Included in enrollment fee.
- Drop In Rate \$35 per day Monday / Wednesday / Friday
\$45 per day Tuesday /Thursday (upon availability)
- Late Pick Up \$1 per minute, per child.
- Returned Check Fee \$25

