



Remember to sign your child in and out daily-required by DHS. Thank you-



THE LEARNING CENTER

Management Team

Denise Buthion,
Director
(405) 842-0452

Christie Palmer,
Assistant Director
(405) 842-5325



CALENDAR OF EVENTS

Teacher Appreciation Week	May 3-8
Muffins for Moms	May 8
Celebration of Learning	May 14
Last Day of Spring Session	May 22
Memorial Day (<i>TLC closed</i>)	May 25-29
Summer Session begins	June 1
Last Day of Summer Session	July 31
<i>TLC closed</i>	August 3-7
Fall Session begins	August 10

May Birthdays

Lexie Sanchez*	5/1
Charlotte Smith	5/18
Robert Sexson	5/20
Grayson Baker	5/20
Shelley Bowie*	5/27
Les Williams	5/28



©wonderillparts.com

To be able under all circumstances to practice five things constitutes perfect virtue; these five things are gravity, generosity of soul, sincerity, earnestness and kindness.

-Confucius

TUITION INCREASE FOR FALL 2015

Please note that a tuition increase will go into effect August 10. We are raising each child's tuition by **\$20 a month** (five dollars a week.) Should your child come two to five days a week, the tuition will be \$20 more than it is now. Again, this will go into effect beginning Fall Session 2015.



Tippi Toes

Tippi Toes Dance Company is our dance program at TLC. Children, ages two and older, are eligible to participate in this elective activity. Dance promotes self-confidence and healthy habits! Each Monday our dance instructor, Miss Elyse, gathers the children for a 25 minute lesson. There will be a spring recital held for families and friends to see the unfolding development of our children. You are welcome to try a class for free before enrolling. It is \$35 a month per child. Boys and girls enjoy creative movement. We will continue this program through the summer.

Amazing Athletes

Amazing Athletes is an introduction into the basic fundamentals and mechanics of nine different sports and focuses on self-confidence, practicing teamwork, and improving seven key areas of motor development. Young children need guidance in building their balance, agility, strength training within a non-competitive, learning-based environment. Each class will focus on two different sports and incorporate activities proven to increase children's overall cardiovascular fitness, muscle tone, hand-eye coordination, reaction time and more! Teaching children life skills through sports. FUN! Classes are \$40 a month and lessons are each Thursday and now a class on Fridays, too. This program will continue through the summer.

Teacher Appreciation Week May 3-8, 2015

Each May the entire country celebrates Teacher Appreciation Week. Our newly formed Parent Advisory Group (PAG) has been meeting to plan some things for our teachers. May 3-8 we have these special events planned:

Sunday, May 3—Teachers come to Church. The TLC Management Team will honor the staff with a cookie and punch reception following the 10:50 service. Families are encouraged to come to support their classroom teacher.

Monday, May 4—Dunkin Donuts Day from our PAG

Tuesday, May 5—Sweet Treats from Uptown Candy

Wednesday, May 6—Pizza Party from Management

Thursday, May 7—Flower Day from children (one flower for teacher)

Friday, May 8—Gift cards from families



Families are asked to contribute \$10 to a class fund for the gift cards. The PAG mothers of each classroom will purchase the gift cards and distribute them to the teachers. Money may be left at the front desk with Christie or Denise. Your participation is greatly appreciated. Let's thank our teachers for their hard work!

Monthly Fire Drill

The last fire drill was held on April 7 at 10:35 a.m. We alternate our drills from month to month with one in the morning and the next month in the afternoon. The children excited the building in less than one minute. Way to move!



*If youth but had the knowledge
and old age had the strength.
-French Proverb*

MUFFINS FOR MOTHERS

Plan to join us Friday, May 8, to celebrate our Mothers. We will have a come and go breakfast for the families and their children. Anyone is welcome to join-grandmothers, great-grandmothers or even dads. Our breakfast will be from 8:30-9:30 a.m. in our lovely entry area by the Front Desk. We look forward to this time together.



Parent-Teacher Conferences Scheduled

Our spring Parent-Teacher Conferences will be held the week of May 11-15. Teachers will have sign up forms on their doors. You may pick a time that will be convenient for you. We are happy to share the growth of your children at school. Watch for these sign up sheets please. If you don't see a good time for you just ask your teacher for a time that will meet your needs. Only 15 minutes long-

Curriculum News

Our youngest classes-Cubs, Pandas, Monkeys and Zebras, will explore *Taking Care of Animals*, *Getting Big*, *Nature Exploration* and *Ride 'Em Cowboy!* Some of the key concepts they will experience are baby animals, growing up, transformation of caterpillars to butterflies and like on the ranch. Knowledge of "big and little" will be highlighted, too. Here are some fun books to encourage this month's curriculum:

I Kissed the Baby by Mary Murphy
Big Dog. . . Little Dog by P.D. Eastman
In My Flower by Sarah Gillingham
Busy Horses by John Schindel
Squares by Yusuke Yonezu
Butterfly Colors and Counting by Jerry Pallotta

Here are some activities you and your family can enjoy together!

Join your child in pretending to take care of baby animals.

Snuggle up with your child and look at baby pictures to talk about how they have grown. Go outside and look for caterpillars and butterflies.

Offer horsy rides. Older toddlers can use brooms as stick horses.

Our Jaguars will go deeper into the subjects that the younger children are exploring. Here are some books to enhance their learning experience:

Oh My Baby, Little One by Kathi Appelt
I Love You Because You're You by Liza Baker
Baby Animals by Angela Serena Ildos
Piggies by Audrey and Don Wood
Bark, George by Jules Feiffer
All By Myself by Mercer Mayer
I'm Growing by Aliki
When I Was Little: A Four-Year-Old's Memoir of Her Youth by Jamie Lee Curtis





STAFF ANNIVERSARIES

This month we are thrilled to celebrate the work anniversaries for these very essential ladies. It has been a great year for re-building our program and church. Both of these women are key to the growth we have experienced. Congratulations to you both for your one year anniversaries!



Christie Palmer
Assistant Director
May 20, 2014 1 year



Delaney Sheffield
Administrative Assistant
Nichols Hills United
Methodist Church
May 7, 2014 1 year

To know the road ahead, ask those coming back.
-Chinese proverb



CHURCH HAPPENINGS



Our church family invites you all to participate in our worship services. It is very helpful that your children are already comfortable here so that you may have them in Sunday School. The wonderful people who are here week to week to care for them are very consistent. Our choir is fantastic and the minister's sermons contain beautiful messages. Please consider our Nichols Hills United Methodist Church as a place to worship with your family.

There are some changes in the church staff. Pastor Pam Cottrill will be reassigned to another church in June. She has done an amazing job with our youth and building the school-age program called B.I.G. Kids (which meets here during the school year on Wednesdays.) The B.I.G. Kids group has assisted with several of our church and TLC events. We are sad to see her go but know that she will continue to serve others in a Christ-loving way. Best wishes to her.



SCHOLASTIC BOOK FAIR

Thank you all for your wonderful support with the Scholastic Book Fair. We sold over \$1,000 worth of books. With the points earned we were able to order five new cameras for our classrooms and a boom box. Your participation made a real difference!

We are very grateful-

~MAY 2015~

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Pears & Water
4 Goldfish & Water	5 Turkey & Crackers & Water	6 Apple slices & Water	7 Veggie Straws & Water	8 Muffins for Moms 8:30-9:30 Yogurt & Water
11 Orange slices & Water	12 Graham Crackers & Water	13 Fruit snack & Water	14 Cereal Bar & Water	15 Animal Crackers & Water
18 Fruit Cup & Water	19 Cheese Puffs & Water	20 Applesauce & Water	21 Nilla Wafers & Water	22 Cheese Crackers & Water
25 TLC CLOSED → Memorial Day 	26 →	27 →	28 →	29 →

LUNCH & SNACK SUGGESTIONS



Please remember that The Learning Center is a “peanut-free” zone. Due to allergies we must be vigilant in keeping out peanut items. Also, when grapes are sent they must be cut in half to prevent potential choking. May is a wonderful time to add fresh fruits and vegetables to your child’s lunch box. The children enjoy dipping their fruits and veggies into ranch dressing or flavored yogurts. Use any condiment to help get those fruits and vegetables in their growing bodies. Turkey, ham, cheese sticks, beans or chicken are all excellent proteins they will eat well. A child’s stomach is as big as their little fist. Portions should be appropriate for their age and or size. Grains are important too. Crackers, bread, cereals should be whole grain for best nutritional content. Here are some **mini-mum** meal pattern suggestions.

Child Age 1-2 years old	Lunch or Supper	Child Age 3-5 years old	Lunch or Supper
Milk, fluid	1/2 cup	Milk, fluid	3/4 cup
Meat or alternate	1 ounce or 1/4 cup	Meat or alternate	1 1/2 ounce or 3/8 cup
Vegetables/Fruits (2 kinds)	1/4 cup	Vegetables/Fruits (2)	1/2 cup
Bread or alternate grain	1/2 slice or 1/4 cup	Bread or alternate grain	1/2 slice or 1/4 cup

