



Remember to sign your child in and out daily-required by DHS. Thank you-



Management Team

Denise Buthion,
Director
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THE LEARNING CENTER

CALENDAR OF EVENTS

- Parents & Pies November 19
- Thanksgiving Break-**TLC Closed** November 25-27
- Christmas Parties December 17
- Last day of Fall Session December 18
- Winter Break-**TLC Closed** Dec. 21-Jan 4

November Birthdays



- Leigh Huchton 11/5**
- Jack Van Camp 11/8**
- Everett Hodges 11/12**
- Jackie Moreno* 11/20**
- Trevor Sheffield 11/21**
- Maggie Figueroa* 11/22**
- Jake Miskovsky 11/25**
- Da'Sh Beamon* 11/29**

* denotes staff member



Weekly Calendar of Events for Fall Session

Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
Tippi Toes Dance* 10:30	Children's Chapel 2:45	Children's Chapel 9:45	Children's Chapel 9:45	Amazing Athletes* 10:00
Spanish 10:00 (2s and up)		Munchkin Music 10:15	Amazing Athletes* 10:30 Spanish 10:30	
*cost extra \$35 monthly			*cost extra \$40 monthly	





Tippi Toes

Tippi Toes Dance Company is our dance program at TLC. Children, ages two and older, are eligible to participate in this elective activity. Dance promotes self-confidence and healthy habits! Each Monday our dance instructor, Miss Elyse, gathers the children for a 25 minute lesson. There will be a spring recital held for families and friends to see the unfolding development of our children. You are welcome to try a class for free before enrolling. Monthly tuition for dance is \$35 per child and there is an enrollment fee of \$35. Boys and girls enjoy creative movement.

*Failure teaches success.
-Japanese Saying*

Amazing Athletes

Amazing Athletes is an introduction into the basic fundamentals and mechanics of nine different sports and focuses on self-confidence, practicing teamwork, and improving seven key areas of motor development. Young children need guidance in building their balance, agility, strength training within a non-competitive, learning-based environment. Each class will focus on two different sports and incorporate activities proven to increase children's overall cardiovascular fitness, muscle tone, hand-eye coordination, reaction time and more! Teaching children life skills through sports is FUN! Classes are \$40 a month and lessons are each Thursday and now a class on Fridays, too. The program is for Zebras, Jaguars and Cheetahs. This program is a year round activity. Enroll today for just \$20 (enrollment fee) and get your tee-shirt for Amazing Athletes.

Spanish & Music Classes

We are happy to share the addition of Spanish classes to our regular weekly program. Your monthly tuition already includes Music class each Wednesday and now we are adding Spanish class twice a week for Zebras (2 years old), Jaguars (3 years old) and Cheetahs (4 year olds.) On Mondays and Thursdays Senora Catalina will visit the classrooms for a lesson that will be interactive and fun. Planting early seeds of language will help to wire the brain for future acquisition of more languages. Also on Wednesdays we will continue to have Miss Andrea from Munchkin Music bring her expertise to the Cubs (infants) through Cheetahs (4 year olds.) All of the children enjoy their music time. We have a program in May to share what the children have learned. Each month we send out songs, finger plays and key concepts that Andrea is working on with the children. Watch for this information each month in an email from our Parent Advisory Committee classroom Representative.



A MIND WITHOUT INSTRUCTION CAN NO MORE BEAR FRUIT THAN CAN A FIELD, HOWEVER FERTILE, WITHOUT CULTIVATION.

-CICERO



Monthly Fire Drill



Our last fire drill was conducted **October 29** in the morning. The children exited the building promptly and went straight to the outdoor BIG playground. Teachers take roll and talk to the children about the process so they can learn about safety. Make sure you practice what to do at home as well.



Reputation is for time; character is for eternity.
-J. B. Gough

Children's Chapel Time

Our children are enjoying their time learning about God in our Sanctuary on Tuesdays, Wednesdays and Thursdays. We have a prayer, song and quick bible story. As part of the Nichols Hills United Methodist Church's mission we are committed to leading children into faith for the transformation of the world. Wednesdays and Thursdays our chapel time is 9:45 to 10 a.m. Tuesdays we have chapel 2:45-3 p.m. We will have birthday blessings once a week too! Families are always welcome to join us.



Focused Portfolios

Our staff uses a process of documentation called "Focused Portfolios" to record children's growth and development. Through photographs, anecdotes and children's work samples, teachers put together a visual account of each child's accomplishments. This process recognizes and celebrates that all children develop at different rates and with various strengths. Collections are completed in fall and spring and are kept in a folder for the year, after which the portfolio becomes a keepsake for the child and family.

This collection is a representation of your child as an individual with distinct interests, background, skills and desires. We will offer family conferences twice a year to share these special collections and to celebrate the accomplishments of your child. Families are invited to participate in this portfolio collection process in whichever special way you choose. Here are some suggestions:

- ⇒ Create a photo collage of your immediate or extended family
- ⇒ Write about a special family event or trip and include a photo
- ⇒ Share how your child's name was selected
- ⇒ Describe a family hobby or typical weekend past time





Modeling Healthy Habits

Teachers' and parents' role modeling and behavior is a significant influence on children and an important teaching method," writes Rachel Robertson in the Beginnings Workshop curriculum unit, "Being Healthy," in the September 2015 issue of Exchange, a professional journal. In the article Robertson describes many ways teachers and parents can model positive nutrition and physical activities, such as. . .

- ◆ **Role-model trying new things**—this is the perfect time to introduce children to different flavors and textures.
- ◆ **Role-model healthy eating habits**—including chewing slowly, eating slow enough for your body to process food and taking small portions.
- ◆ **Eliminate consumption of unhealthy foods in front of children.**
- ◆ **Participate**—the most important thing you can do is join in the fun and play.
- ◆ **Nobody is out**—games that are about getting some children "out" end up minimizing active play for those who get "out."



Parent Advisory Committee (PAC)

Our Parent Advisory Committee (PAC) will meet **November 9** in the Parlor at 1:45 p.m. This group typically meets the second Monday of each month. Any family members who wish to participate are welcome to join us. The PAC will serve as feedback for the management team, help to distribute information, assist with special celebrations and so on. We would welcome your input as to how to involve families in our program or any other suggestions. So far the communication has worked well. Your involvement is always appreciated! The following people who represent the classrooms are:

Cubs—Jennifer Hanna
 Pandas—Kristi Pointer and Ashley Wilson
 Monkeys—Rachel Huchton and Paige Woolbright
 Zebras—Marina Williams
 Jaguars—Sarah Lausen
 Cheetahs—Jeri Lunsford, Chairwoman of the PAC



CAR SEAT LAW CHANGES EFFECTIVE NOVEMBER 1

Be aware that car seat laws are changing effective November 1. A child under eight (8 years) must be properly secured in a child passenger restraint system. The law previously applied **only** to children under age six. (6 years.) Here are the guidelines that go into effective:

1. 0-2 years of age: Must be in a **rear-facing** car seat until at least two (2) years of age, or until the child reaches the weight or height limit of the car seat.
2. 2-4 years of age: Must be in a car seat until at least four (4) years of age.
3. 4-8 years of age: Must be in a car seat until at least eight (8) years of age unless the child is taller than 4'9".
4. 8 years of age or taller than 4'9": Must be in a seat belt.

For more information and recommended best practices in child passenger safety, visit ohso.ok.gov

~NOVEMBER 2015~

Monday	Tuesday	Wednesday	Thursday	Friday
2 Animal Crackers & water	3 Pudding & Mixed fruit	4 Goldfish & Water	5 Carrots & Ranch Dip	6 Pretzels and Cheese
9 Fruit Loops & Water	10 Bananas & Water	11 Chex Mix & Water	12 Fruit Snacks	13 Go Gurt & Water
16 Veggie Straws & Water	17 Apple Slices & Graham crackers	18 Cheerios & Water	19 Parents & Pies* 3 p.m.	20 Cereal Bars & Water
23 Mandarin Oranges & Water	24 Turkey & Cheese Slices	25 Closed for Thanksgiving	26 	27 Closed
30 Cheese Puffs & Water				Water is served throughout the day~

SKYLINE URBAN MINISTRY FOOD DRIVE

Beginning **November 2 through November 15** we are participating in the Skyline Food Pantry drive. There are some very specific items that benefit the people who utilize the Food Pantry. Such items include:

- ◆ Canned fruits or vegetables
- ◆ Canned soups
- ◆ Canned meats
- ◆ Toilet Paper
- ◆ Cereal
- ◆ Peanut butter



This is an excellent way for children to learn to give to their community and help others who are less fortunate than they are. Even if you brought one can of something it would be greatly appreciated. Items can be dropped off right inside the west door where boxes will be waiting.

***PARENTS & PIES SCHEDULED FOR NOVEMBER 19***

Families are invited to join us for some homemade pumpkin pie. Children 2 years and older will make the pies in their class to serve that afternoon. The Cubs, Pandas and Monkeys will have pies provided for them. Please plan to join us **2:45 p.m.** for some yummy dessert.