



NICHOLS HILLS

united methodist church



Dr. Trevor Smith

Rest Stop

²⁸ “Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest. ²⁹ Take my yoke upon you, and learn from me; for I am gentle and humble in heart, and you will find rest for your souls. ³⁰ For my yoke is easy, and my burden is light.”

-Matthew 11:28-30

This Sunday is Marathon Sunday, and we will hold both of our worship services outside as we cheer on the runners and support our community. Our church stands in solidarity with the mission of the Memorial Marathon which is to celebrate life, reach for the future, honor the memories of those who were killed, and unite the world in hope. I believe it is very significant for our church to participate in our community in this way because we have a message of hope that every one needs when we encounter acts of violence. As Christians, we believe that the worst thing is never the last thing.

On Sunday we will continue our *Stained Glass Stories for Easter* sermon series by focusing on the window which says, *Come unto me all ye that labor and are heavy laden and I will give you rest.* For many of us, our lives feel like a marathon that never stops. We run and run and go, go, go and never stop to rest. In his book, *Addicted to Hurry*, Kirk Byron Jones mentions four things that happen when you are in a hurry all of the time. 1.) You no longer see clearly. 2.) You no longer listen carefully. 3.) You no longer think deeply. 4.) You no longer savor life fully.

The Good News is that God never intended for us to be busy all of the time. The Sabbath is God’s rhythm for our lives. In Hebrew, the word *Sabbath* means *to cease... to stop working on that day*. When God gave Moses the Ten Commandments, no other religion in the Near East commanded people to take a day off. People worked seven days a week. God said, “That is not how I made you to be. I made you to need rest. I made you to stop one day a week to remember who you are... to rest and to experience renewal.” So, on Sunday, we are going to talk about the rest stops God intends us to take as we run the marathon of life.

We invite you to dress casually and bring a lawn chair. We will be in the big tent on the west side of Grand Boulevard just south of Bedford Drive. We also invite you to bring breakfast or brunch items to share. We will eat and cheer on the runners from 9:30 to 10:45 a.m. I am also excited to share with you that several people will be joining our church that morning. Come and help us welcome them into our congregation. It will be a memorable Sunday you will not want to miss.

I also want to invite you to join us for Confirmation Sunday on May 6. That morning in our 10:50 Worship Service four confirmands will make their profession of faith and join our church. Matt Patrick has been leading our Confirmation Class throughout the school year, and I am excited to welcome these young persons into church membership. Please keep them in your prayers and plan to worship with us that day as we support them as they take the next step in their faith journey.

Have a great week, and I will see you on Marathon Sunday and Confirmation Sunday.

Blessings,
Trevor

Ministry Calendar

Marathon Sunday, April 29

Outdoor Worship Services at 8:30 and 10:50 a.m.

Monday, April 30

Bear Cave Clothing Closet at 9:00
Trustees Meeting at 5:30 p.m.
Alcoholics Anonymous at 5:30
Cub Scouts at 6:30 p.m.

Tuesday, May 1

John Marshall Neighborhood Market Food Stocking at 9:30 a.m.

Wednesday, May 2

TLC Music Program at 10:00 a.m.
Nichols Thrills Meal and The Life You’ve Always Wanted at 5:30
Choir Rehearsal at 7:30 p.m.

Thursday, May 3

Bear Cave Clothing Closet at 9:00

Friday, May 4

John Marshall Market at 10:25 a.m.

Confirmation Sunday, May 6

Worship at 8:30 and 10:50 a.m.
Sunday School at 9:45 a.m.
Girl Scouts at 2:00 p.m.

Monday, May 7

Bear Cave Clothing Closet at 9:00
Alcoholics Anonymous at 5:30
Cub Scouts at 6:30 p.m.
Care Committee at 4:00 p.m.

Sunday, May 13

Mother’s Day Worship Services at 8:30 and 10:50 a.m.

Monday, May 14

Trustees Meeting at 5:30 p.m.

Monday, May 21

Finance Committee at 5:30 p.m.

Nichols Hills U.M.C.

(405)842-1486

(405)843-1835 Fax

www.nicholshillsumc.org

The Learning Center

(405)842-5325



Ministry Opportunities

Hospitality Greeters

Are you enthusiastic about our church? If so, this is an opportunity you might enjoy. Please see Alfred Walker for more details.

Coffee Hosts

Coffee hosts provide 4-5 dozen cookies. At the close of the 10:50 Service, the host(s) stand by the cookie table in the Narthex and greet people. To serve, sign-up outside the office.

Serving In Ministry on Sunday, April 29

Join us as we cheer on the runners during Marathon Sunday. Bring some food to share!

Serving In Ministry on Sunday, May 6

The coffee hosts are Billie Boston and Sally Stringer.

The chancel flowers are given in honor of Midge and Paul Lindsey's 56th anniversary.

The mission candle is given by Rich and Karen McLain in honor of their granddaughter, Caroline Elizabeth, for her 1st birthday.

The acolyte for 8:30 is Gabriel Ireland.

The acolytes for 10:50 are Gracie Buxton and Regan Miller.

Chancel Flower Delivery

We are in need of people to deliver the chancel flowers to homebound members. If this opportunity is for you, please sign-up in the Narthex.

Altar Guild

The sacrament of communion is a meaningful and important part of our weekly worship. If you are interested in helping prepare the table, please contact Carol Magness at 405-640-4429 or Janet Jones at 405-627-1566.

Serving in Altar Guild this month are: Carla Hill, Janet Jones, Carol Magness, and Karen McLain.

Birthdays

04/26 Kery Mueller
04/29 Marty Margo
04/30 Colin Anderson
05/01 Christie Baker
05/01 Alice Pippin
05/02 Kristen Robinson
05/03 Nathan Hilger
05/03 DeDe Maxwell
05/04 Myrla Pierson
05/07 Jennifer McGinnis

Continued on the next page.



Stained Glass Stories for Easter

They say that a picture is worth a thousand words. Our stained glass windows tell the stories of our faith. Join us for worship during the Sundays of Easter as we explore the meaning of Easter through our *Stained Glass Stories*.

April 29 *Rest Stop*
May 6 *The Mission*
May 13 *Child Friendly*
May 20 *Preachers All*



Rev. Matt Patrick

Confirmation Sunday

Hello everyone! I'm excited that our Confirmation Sunday is almost here. Our students are going through their interviews and finishing up their process, and we hope to confirm all of them on May 6th at the 10:50 a.m. worship service. I hope you will join us for that service as we welcome four young people into membership. Thank you for all the support you give our young people as they grow! I hope that you will be praying along with me for our students as they begin this new chapter in their lives.

Blessings,
Matt

Partner in Action of the Year Award

Nichols Hills U.M.C. has been selected as a finalist for the Partner in Action of the Year award for all of the work at John Marshall High School. The following paragraph is from the email sent to the Church from the Director of Programs and Outreach of The Foundation for Oklahoma City Public Schools.

"It is our pleasure to announce that you have been selected as a finalist for a *Partner in Action of the Year* award, which will be presented at the 2018 Teacher of the Year/Stars of Education event on May 1, 2018. We have received nominations from across Oklahoma City Public Schools and will be honoring you and other partners in the categories of Large Business, Medium/Small Business, Non-profit and Faith-Based Organizations."

Congratulations N.H.U.M.C., and a special thank you to all who volunteer at John Marshall School!

Chancel Choir Singers Win Competition

Tessa McQueen and Hallie Schmidt, members of the NHUMC Chancel Choir and OCU music majors, were winners in the college vocal division of the recent Oklahoma City Ladies Music Club performance competition. McQueen, who is a junior from Loveland, Colorado, is a student of Professor Larry Keller and Charles Koslowski. Schmidt, a sophomore from Olympia, Washington, is a student of Professor William Christensen and Jan McDaniel.

Marathon Sunday

April 29 is Marathon Sunday. This year, we are moving our worship services outside at their usual times at 8:30 and 10:50 a.m. We will gather in the green space on the west side of Grand just south of Bedford. Look for the big tent and the bounce house. We have invited a Steel Drum Band to perform with our Chancel Choir and lead our music that day.

We will have a golf cart to assist anyone who may need a ride from the parking lot to the place we are gathering. There will be bounce houses, face painting, and other fun things for children. During the Sunday school hour we will cheer on the runners. We want everyone to know that our church loves to reach out to our community and encourage people.

Plan to bring a lawn chair and to dress casually. Please let us know if you would like to bring a breakfast dish to share.

If you have an idea for Marathon Sunday, or if you would like to assist in the preparations, please contact Trevor Smith at revtrevor@gmail.com or Matt Patrick at mpatrick9376@gmail.com. Trevor and Matt can also be reached at the church at 405-842-1486.

Below and on the other side of this page are maps to help you plan your route to church that day. You will notice that the intersection of 63rd and Grand Avenue will be closed from 7:18 a.m. until 11:45 a.m. The intersection of Wilshire Boulevard and Western Avenue will be closed from 6:44 until 9:20 a.m. We hope you will invite someone you know to join us for a memorable Marathon Sunday.



We are running through
NICHOLS HILLS

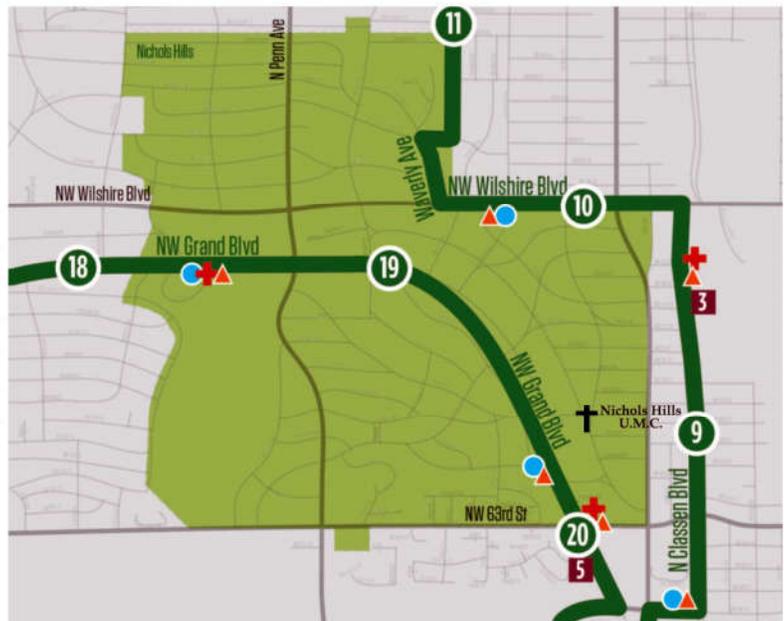
APRIL 29

#RUNtoREMEMBER • okcMarathon.com



COURSE OPENS AND CLOSINGS

MILE	STREET CLOSURES	FIRST RUNNER	LAST RUNNER	STREET REOPENS
Start	04:30	06:25	06:30	10:00
9	06:40	07:00	08:54	09:04
10	06:44	07:04	09:10	09:20
11	06:47	07:07	09:26	09:36
18	07:10	07:34	11:18	11:28
19	07:14	07:38	11:24	11:44
20	07:18	07:41	11:30	11:45



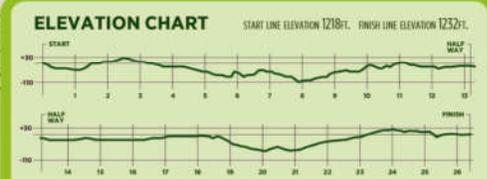
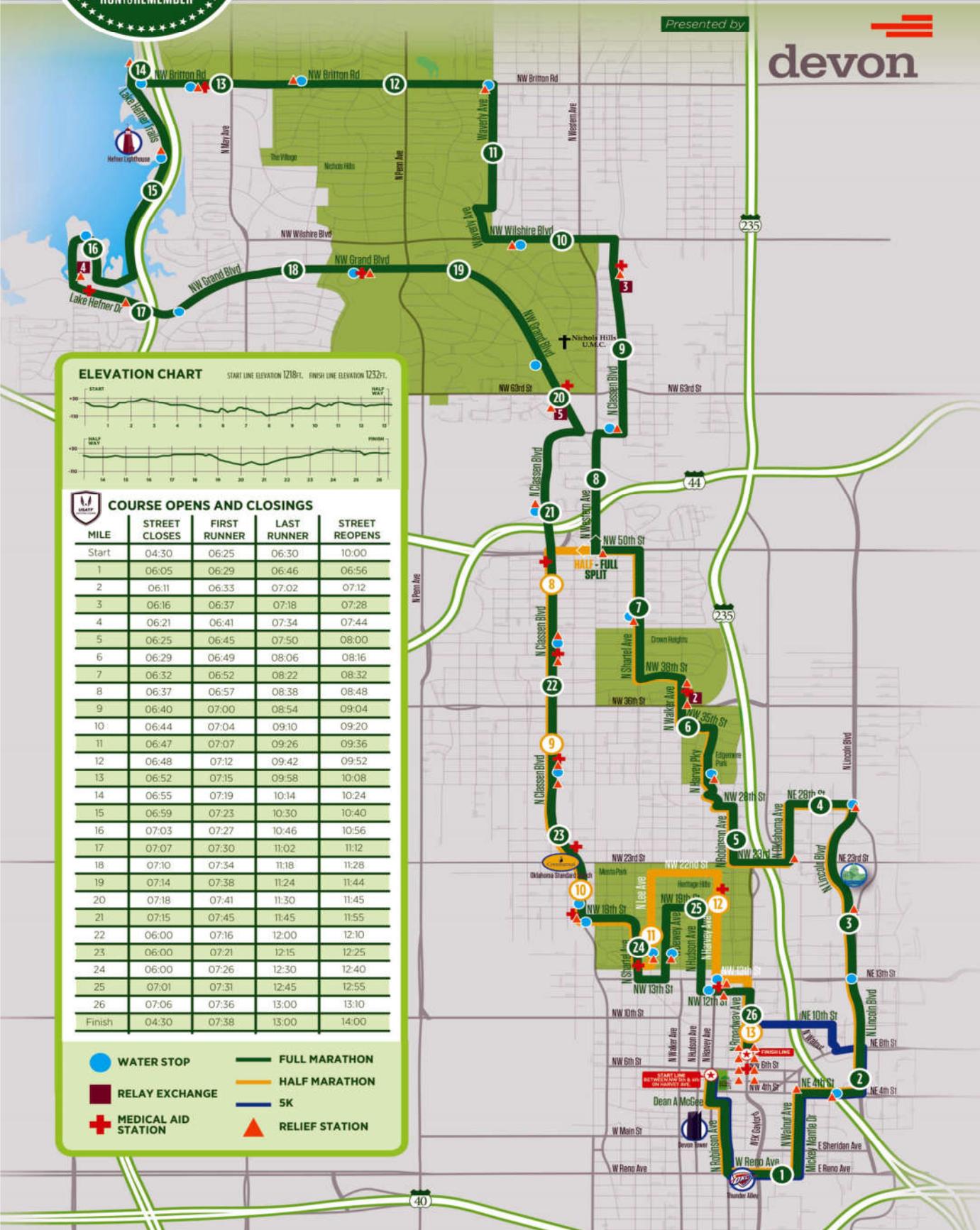


COURSE MAP

APRIL 29

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Presented by



COURSE OPENS AND CLOSINGS

MILE	STREET CLOSES	FIRST RUNNER	LAST RUNNER	STREET REOPENS
Start	04:30	06:25	06:30	10:00
1	06:05	06:29	06:46	06:56
2	06:11	06:33	07:02	07:12
3	06:16	06:37	07:18	07:28
4	06:21	06:41	07:34	07:44
5	06:25	06:45	07:50	08:00
6	06:29	06:49	08:06	08:16
7	06:32	06:52	08:22	08:32
8	06:37	06:57	08:38	08:48
9	06:40	07:00	08:54	09:04
10	06:44	07:04	09:10	09:20
11	06:47	07:07	09:26	09:36
12	06:48	07:12	09:42	09:52
13	06:52	07:15	09:58	10:08
14	06:55	07:19	10:14	10:24
15	06:59	07:23	10:30	10:40
16	07:03	07:27	10:46	10:56
17	07:07	07:30	11:02	11:12
18	07:10	07:34	11:18	11:28
19	07:14	07:38	11:24	11:44
20	07:18	07:41	11:30	11:45
21	07:15	07:45	11:45	11:55
22	06:00	07:16	12:00	12:10
23	06:00	07:21	12:15	12:25
24	06:00	07:26	12:30	12:40
25	07:01	07:31	12:45	12:55
26	07:06	07:36	13:00	13:10
Finish	04:30	07:38	13:00	14:00

- WATER STOP
- RELAY EXCHANGE
- + MEDICAL AID STATION
- FULL MARATHON
- HALF MARATHON
- 5K
- ▲ RELIEF STATION

Children's Ministry



Tausha
Davison-Beverly,
Director of
Children and
Family Ministry

Greetings NHUMC family! This week in our Sunday School classes the children really dug deeply into their lessons. Dutch Lippoldt and Royal Monaco enjoyed building a wall around Damascus in the block area while listening to their lesson.

Mrs. Lecye's elementary age children enjoyed learning the Books of the Bible through a song. The children have been working very hard to learn the Old Testaments for the last few months. On Mother's Day they sing and show us what they have learned. We would love for you to come see their progress. Don't forget to sign up for our first ever Sports Camp. It is right around the corner, June 11-15. Spaces are limited. Save your spot before our classes are filled by filling

out a form online at www.nicholshillsumc.org or by calling the Church office at 405-842-1486.

-Tausha Davison-Beverly

Happy 100th Birthday, Ray Greene!

The Care Committee hosted a wonderful reception on Sunday after worship, honoring Ray Greene for his 100th birthday. Thank you, Care Committee!



Tidbits from The Learning Center



Denise Buthion
Director

It feels like summer in The Learning Center's Cheetahs classroom! The Learning Center has been caring for 6 to 8 school-age children during the teacher's walk-out. We've been at maximum capacity every day.

It is amazing to see how this has affected grandparents, neighbors, aunts, uncles, and friends. Let's hope that it has a positive outcome for all our children. Our children are our future.

Here are a couple of photos of the fun we've had during the past couple of weeks.

-Denise

Birthdays

05/08	Jacob Ellis
05/08	Kathleen Ellis
05/10	Norma Baker
05/10	Mark Miller
05/13	Roger Etling
05/17	Rosemarie Chase
05/17	Rachel Huchton
05/18	Warren Henry
05/18	Charlotte Smith

If your birthday isn't included in our list, please contact the church office (405-842-1486) to be added.

Cares and Concerns

Epworth Villa

Joanne Crosby and Sylvia Miller

Town Village

Joanna Garnett and
Jess and Bette Harris

The Fountains at Canterbury

Anita Dahlgren

At Home

Roger Etling, Ann Flesher,
Frances Lewis, and David Mueller

John Marshall Neighborhood Market and Clothing Closet

The best prices on the following items is generally found at the Dollar Tree.

We are in need of:

- Men's and Women's Deodorant
- Toothpaste
- Toothbrushes (prefer the 4-pack at Dollar Tree that can be cut apart)
- Bars of soap (Sam's Club also has good pricing on packages of soap)
- New Socks
- Monetary donation for underwear
- New or gently worn shoes
Boys/Men's: 9-12
Girls/Women's: 8-10
- Zip Up Hoodie
- Sweat Pants

Please deliver clothing items directly to John Marshall High School.

Nichols Hills Sports Camp

June 11 - 15

9:00 a.m. - Noon

4 years old - 6th Grade

\$55 per child

Choose from: Basketball, Cheerleading, Soccer, Ultimate Frisbee, and 4-5 Year-Olds (which teaches the fundamentals of motion, rhythm, and balance developments to 4 and 5 year-olds) all while experiencing God's love!

Register by going online at www.nicholshillsumc.org/nichols-hills-united-methodist-church-sports-camp/ or by calling the Church office at 405-842-1486.

Nichols Hills United Methodist Church
1212 Bedford Drive
Oklahoma City, Ok. 73116

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Sunday School Classes - Sunday at 9:45 a.m.

The Brew Class: *Meets in the Room 131* - Bring your coffee and join "The Brew" as we gather for fellowship. For more information about "The Brew" contact Tim Baker (405) 209-5467 or Christie Baker (405) 922-5154.

KIVA Class: *Meets in the Parlor* - Join us as we learn from different leaders on various topics. Leader: Dudley Hyde.

Reveille Class: *Meets in the Library* - Do you like to see how your faith impacts your everyday life? Join us for a discussion of how the Bible speaks to the current events in our lives. Teacher: Tom Fraley.

Open Circle Class: *Meets in the Archives Room* - Our Open Circle Class focuses on the Lectionary approach with studies of scriptures from both the Old and New Testaments. Although we change our approach for "special Bible-study events," the Lectionary approach is based on "The United Methodist Music and Worship Planner." Class discussion and applying Christianity in today's world are an important parts of our lessons. Teacher: John Marshall.

The Bible Class: *Meets in the Conference Room*. - Please join The Bible Class as we learn from the *Adult Bible Studies* curriculum.

Youth Class: *Meets in the Youth Basement* - Join us for fun, fellowship, and a lesson that will bring you closer to God.
Student Pastor: Rev. Matt Patrick.

Second Graders through Fifth Graders: *Meets in Room 124*. Join us for a fun time with your friends as we grow closer to God and each other.
Teacher: Lacey Lippoldt.

Children's Class: *Meets in the Children's Area*. - Join us for a child-friendly lesson, snacks, and crafts as we learn about the Bible together.
Director of Children's Ministry: Tausha Davison-Beverly.

Dr. Trevor Smith, Senior Pastor
Rev. Matt Patrick, Student Pastor
Michael Wylder, Director of Church Music
Tausha Davison-Beverly, Director of Children and Family Ministry
Delaney Sheffield, Administrative Assistant
Dr. Antone Godding, Organist
Kathy Smith, Treasurer
Louise Glass, Financial Secretary

Denise Buthion, Director of The Learning Center
Brandon Price, Custodian
Alfred Walker, Sunday Host
Tyral Hayes, Sunday Host
Jessica Mayberry, Nursery Attendant
Ashley Edwards, Nursery Attendant
Marita Barkus, Nursery Attendant