



Remember to sign your child in and out daily-required by DHS. Thank you-



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Quality childcare is not expensive. It is priceless. . .

THE LEARNING CENTER

Our mission is *to make disciples of Jesus Christ for the transformation of the world.*

2019 CALENDAR OF EVENTS

- | | |
|-------------------------------------|--------------------|
| Valentine Parties @ 3:30 | February 14 |
| Spring Break- TLC closed | March 18-22 |
| Summer session enrollment | March 25-29 |
| Good Friday- TLC closed | April 19 |
| Muffins for Moms | May 13 |
| Last day of spring session | May 24 |
| Memorial Day- TLC closed | May 27-31 |
| First day of summer session | June 3 |
| Donuts for Dads | June 17 |
| Fall session enrollment | June 24-28 |
| Independence Day- TLC closed | July 4 |
| Last day of summer session | July 26 |
| TLC summer break- TLC closed | July 29-August 2 |
| First day of fall session | August 5 |

INCLEMENT WEATHER



Please watch the main news channels, 4, 5, or 9, to see the list of school closings when there is ice or snow. Our school will be listed under [Nichols Hills United Methodist Church](#). We will text and email you

all to the best of our ability. When in doubt you may always text your teacher, home room representative or Denise. We hope to eliminate any confusion or inconvenience when the inclement weather arrives. It looks like it is going to be an active winter, weather-wise. Be safe!

**“There are three ways to ultimate success.
 The first way is to be kind.
 The second way is to be kind.
 The third way is to be kind.”**
 —Fred Rogers



There is no pillow so soft as a clear conscience.
 -French proverb



Weekly Specials Spring 2019

Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
Amazing Athletes 10 Tippi Toes Dance* 10:30	Art Lessons 10 & 2:30 Children’s Chapel 2:45 (Monkeys & older in art)	Children’s Chapel 9:45 Munchkin Music 10 (Everyone does music)	Amazing Athletes 10 Children’s Chapel 2:45	Amazing Athletes (Monkeys and older participate in this)
*cost extra \$40 monthly	Chapel is for 3 yrs & up	Chapel for 3 yrs & up	Chapel for 3 yrs & up	





Mission Work

Nichols Hills United Methodist Church is collecting items to be donated to John Marshall Neighborhood Market. Our church missions group was asked to take on the responsibility of the school food pantry. There is a huge need as evidenced by over 75% of the students qualifying for free or reduced lunches.

On-going Needs for the Neighborhood Market:

- **Men and Women's Deodorant***
- **Toothpaste* Toothbrushes (4-pack)**
- **8 oz. body lotions**
- **Small Laundry Detergents** (10 oz. size Tide or Gain)
- **Snacks** (bars, crackers, etc.) Anything that you can find a good deal on.
- **Travel Toiletries** (the students love the shampoo, conditioners, and shower gels)

*You can usually find these at the Dollar Tree or other stores.

Rainy Day Recipes for Fun

Here are some recipes for homemade playdough and fun. Enjoy!

Cooked Playdough

- 1 cup flour
- 1/2 cup of salt
- 2 tsps. Cream of tartar
- 1 cup water
- 1 Tbsp of vegetable oil
- Food Coloring

Cook over medium heat until it sticks together about ten minutes. Store in plastic container.

No Cook Playdough

- 1 cup salt
- 2 cups flour
- 2 tbs vegetable oil
- 2 tbs cream of tartar
- 1.5 cups boiling water
- Couple of drops of glycerin
- Add food coloring

Knead well and put in plastic bag.



Recycle plastic bags

The Learning Center uses many plastic bags for soiled clothing or diapers. If you shop and have extra plastic bags we would love to take them off your hands. Bring one – bring a bunch. We appreciate them all. Thanks!



Absences from School



We understand that people will miss school from time to time, but it helps us to know if you don't plan to attend. Call and let us know if your child is ill so we may let other families know too. Families benefit from the extra days available when we know they will be available. Please help us out. with this process.

Thanks!

Drop-In Charges Due

The next time you need to "drop in" (a day you don't normally attend) we will need the tuition to be paid at that time. All accounts must be paid **in full by the end of the month**. We appreciate your cooperation with this policy. Thank you!

DANGER in the Parking Lot!

Cars have been racing through our parking lot at speeds exceeding 20 miles per hour and this is a problem. Please remember that young children are at risk with speeding cars in the parking lot. We appreciate everyone remembering that there is precious cargo every where. SLOW it down. . .



Class Photos Scheduled

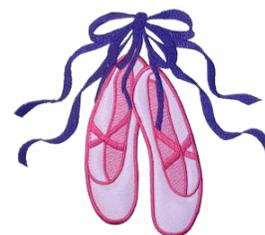
February 7 will be the day scheduled for TLC group photos. Each classroom will have one photo taken. Pre-paid envelopes will be provided for these photos. Please return your envelope **on or before February 7. Children must be here before 10 a.m. for this picture. If your child does NOT attend on that day (Thursday) you may bring him or her for the picture. It moves quickly so please come by 10 a.m. You will definitely want one of these. Photos are \$10. Checks should be made out to Larch Photography.**



Tippi Toes



Tippi Toes offers positive, fun dance classes for girls and boys ages 1.5 – 6 years-old! Our mission: to develop a love of dancing in children by creating a positive experience that promotes healthy living habits, helps build self-confidence, and a love for others. Classes at TLC are on Mondays from 10:30-10:55 a.m. Tuition is \$40 per month. To enroll, please go to www.tippitoesdance.com/oklahoma-city and follow the instructions to enroll!



Amazing Athletes



Amazing Athletes is an introduction into the basic fundamentals and mechanics of nine different sports and focuses on self-confidence, practicing teamwork, and improving seven key areas of motor development. Young children need guidance in building their balance, agility and strength training within a non-competitive, learning-based environment. Each class focuses on two different sports and incorporates activities proven to increase children's overall cardiovascular fitness, muscle tone, hand-eye coordination, reaction time and more! Teaching children life skills through sports is FUN! Classes are held on Mondays, Thursdays and Fridays, too. The program is for Monkeys, Zebras, Jaguars and Cheetahs. This program is a year-round activity. Enjoy your new Amazing Athletes' shirts!

Music Classes

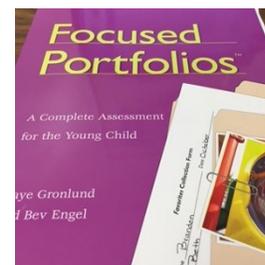


Your monthly tuition also includes Music class on Wednesdays. Each week we have Miss Andrea from Munchkin Music bring her expertise to the Cubs (infants) through Cheetahs. All of the children enjoy their music time and look forward to it. We have a Christmas Music Program and spring demonstration to share what the children have learned. Each month we send out songs, finger plays and key concepts that Andrea is working on with the children. Watch for this information each month in an email. Drop by to see the children in action. It is quite fun!

Focused Portfolios

Our staff uses a process of documentation called "Focused Portfolios" to record children's growth and development. Through photographs, anecdotes and children's work samples, teachers put together a visual account of each child's accomplishments. This process recognizes and celebrates that all children develop at different rates and with various strengths. Collections are completed in fall and spring and are kept in a folder for the year, after which the portfolio becomes a keepsake for the child and family. This collection is a representation of your child as an individual with distinct interests, background, skills and desires. We will offer family conferences twice a year to share these special collections and to celebrate the accomplishments of your child. Families are invited to participate in this portfolio collection process in whichever special way you choose. Here are some suggestions:

- ⇒ Create a photo collage of your immediate or extended family
- ⇒ Write about a special family event or trip and include a photo
- ⇒ Share how your child's name was selected
- ⇒ Describe a family hobby or typical weekend past time



Monthly Fire Drill



Our last fire drill was conducted January 18, in the afternoon. The children exited the building in less than two minutes. Make sure you practice what to do at home, too.

Art Classes with Ms. Vanessa

Each Tuesday four classrooms (Monkeys, Zebras, Jaguars and Cheetahs) participate in Art class. The art studio is upstairs and the children enjoy going to work! The Monkeys' classroom has art class in their room or outdoors (if the weather is nice.) You will see evidence of all their creativity in the hallways of our church. Some of their creations will be sent home as well. Ask your child to share with you what he or she has been working on.



Services at Nichols Hills United Methodist Church

We invite all families to our church services on Sundays. There is an 8:30 a.m. and a 10:50 a.m. service. Sunday school is typically 9:45 to 10:30. Child care is available. Our music, choir and sermons are very much the antidote for a hectic life. Please join us. For more information call the church 842-1486. See you then!



IMMUNIZATIONS must be kept current. Please

bring an updated shot record to school. Thank you!

FEBRUARY BIRTHDAYS



Dalisa Dean*	February 2
Paige Huchton	February 4
Ruby Wilson	February 5
Ralph Wilson	February 12
Naomi Springs	February 13
Parker Lincoln	February 29

* indicates staff member

Children's Chapel Time

Our children are enjoying their time learning about God in our Sanctuary on Tuesdays, Wednesdays and Thursdays. We have a prayer, song and quick Bible story. As part of the Nichols Hills United Methodist Church's mission we are committed to leading children into faith for the transformation of the world. Tuesdays and Thursdays our chapel time is 2:45-3 p.m. and Wednesdays we have chapel 9:45-10 a.m. Families are always welcome.



Your mind is a garden. Your thoughts are the seeds. You can grow flowers or you can grow weeds.

-Ritu Ghatourey



February Afternoon Snacks 2019

FYI: PM snacks are provided by TLC AM snacks by families Except for Cubs				1 Animal Crackers & Yogurt dip
4 Pudding Cups & Graham Crackers	5 Wheat Thins & Pickles	6 Carrots & Ranch Dip	7 Pepperoni & Ritz Crackers	8 Veggie Straws & Apple Juice
11 American Cheese & Honey Pretzels	12 Granola Bar & Juice	13 Chex Mix & Mandarin Oranges	14 Valentine's Day Party	15 Cheerios & Craisins
18 Honey Pretzels & Pickles	19 Cereal Bar & Apple Juice	20 Goldfish & Fruit cups	21 Cheese Stix & Wheat Thins	22 Ham slice & Ritz Crackers
25 Veggie Straws & Ranch Dip	26 Saltines & Pickle slices	27 Black olives & American Cheese	28 Graham cracker & Apple Juice	

Parent Advisory Committee (PAC)

Our Parent Advisory Committee (PAC) will meet **February 13**. This group typically meets the second Wednesday of each month in the Parlor at **2 p.m.**



Any family members who wish to participate are welcome to join us. The PAC serves as feedback for the management team, helps to distribute information, assist with special celebrations and so on. We would welcome your input as to how to involve families in our program or any other suggestions for improvements. So far the communication has improved with your help. Your involvement is always appreciated! The following people who represent the classrooms are:

Cubs—Mary Fitch
 Pandas—Susan Abernathy
 Monkeys—Emmy Tigert
 Zebras—Marina Williams
 Jaguars—Mary Fitch
 Cheetahs—Annette Boyd

In an article in *The Guardian*, Nicola Davis writes, "Children should be encouraged to spend time outdoors to reduce their risk of becoming shortsighted, experts have said.

Shortsightedness is rising around the world, with the condition said to have reached epidemic proportions in East Asia: estimates suggest about 90% of teenagers and young adults in China have the condition...

Several studies have found children who spend more time outdoors have a lower risk of myopia. While some report that looking into the distance could be important, others say exposure to outdoor light is key."

Source: "[Children urged to play outdoors to cut risk of shortsightedness](#)," by Nicola Davis, *The Guardian*, November 6, 2018





Tuition Schedule effective **August 6, 2018**

Monthly Tuition (Two day minimum, all ages)

Monday	Tuesday	Wednesday	Thursday	Friday
\$126	\$161	\$126	\$161	\$126

Examples: Monday, Wednesday, Friday = \$378
 Tuesday, Thursday = \$322
 Monday, Tuesday, Wednesday, Thursday, Friday = \$700
 Any combination of days based on availability.

Other Fees:

- Enrollment Fee (per session) \$75 - 1st child; \$15 - less each additional child
- Supply Fee Included in enrollment fee.
- Drop In Rate \$35 per day Monday / Wednesday / Friday
\$45 per day Tuesday /Thursday (upon availability)
- Late Pick Up \$1 per minute, per child.
- Returned Check Fee \$25

Happy Work Anniversary

This month we are proud to recognize the work anniversaries for two of our staff members. They both bring such joy and continuity to our program. Help us celebrate their special days.



Michell Williams
3 years Feb. 5
Panda Teacher



Jessica Mayberry
2 years Feb. 13
Monkey Teacher

Did you know. . .



“Play is crucial. Parents don't need to own lots of toys or buy lots of things. If a child has access to some sticks and some rocks and an adult to play with, great things can be achieved. The cognitive processes required for imaginary play on the playground are more demanding than sitting there looking at flashcards.”

Source: [“Forget flash cards, play with sticks. An expert explains how children learn.”](#) by Casey Lee-Williams, *weforum.org*, October 3, 2016

