

## Sermon Notes

"When I attempted suicide in 1944 and I didn't succeed, I knew for the first time unconditional love - which God is. You are totally loved, totally accepted, just the way you are. In that moment I was not allowed to die, and something happened to me, which is very difficult to explain. I had an eternal moment of truth, in which I knew I was loved, and I knew I was here for a purpose." -Jill Jackson

Over 90% of people who die by suicide have a mental illness at the time of their death.

Untreated mental illness including depression, bipolar disorder, schizophrenia, and others is the cause for the vast majority of suicides.

Untreated depression is the number one cause for suicide.

Suicide is NEVER the answer. Getting help is the answer.

The worst thing is never the last thing.

"One summer evening in 1955, a group of 180 teenagers of all races and religions, meeting at a workshop high in the California mountains locked arms, formed a circle and sang a song of peace. They felt that singing the song, with its simple basic sentiment - 'Let there be peace on earth and let it begin with me' - helped to create a climate for world peace and understanding. When they came down from the mountain, these inspired young people brought the song with them and started sharing it. And, as though on wings, 'Let There Be Peace on Earth' began an amazing journey around the globe. It traveled first, of course, with the young campers back to their homes and schools, churches and clubs. Then the circle started by the teenagers began to grow. Soon the song was being shared in all fifty states." -Sy Miller

**"Let There Be Peace on Earth" by Jill Jackson and Sy Miller**

Let there be peace on earth, and let it begin with me.

Let there be peace on earth, the peace that was meant to be.

With God, our Creator, children all are we.

Let us walk with each other in perfect harmony.

Let peace begin with me; let this be the moment now.

With every step I take, let this be my solemn vow:

to take each moment and live each moment in peace eternally.

Let there be peace on earth, and let it begin with me.

**Matthew 5:9** - <sup>9</sup> Blessed are the peacemakers, for they will be called children of God.

**Peacekeepers often avoid confrontation to keep peace.**

**Peacemakers embrace confrontation to make peace.**

**Ephesians 4:25-27** - <sup>25</sup> So then, putting away falsehood, let all of us speak the truth to our neighbors, for we are members of one another. <sup>26</sup> Be angry but do not sin; do not let the sun go down on your anger, <sup>27</sup> and do not make room for the devil.

*Pride* is the greatest enemy to peacemaking.

*Humility* is the greatest friend to peacemaking.

**Romans 12:18** - <sup>18</sup> If it is possible, so far as it depends on you, live peaceably with everyone.

We have to own our part in any conflict.

Pride says, "No, no, no, no, no! It's not me. It's you! I'm the victim!"

Humility says, "You know what, I do own a part of this. I actually have been wrong, and I'm going to be faithful before God and humble myself."

**Five Specific Ways to Apologize with Integrity**

**1. Admit to specific actions and attitudes.**

**2. Don't make excuses.**

**3. Accept the consequences.**

**4. Change your behavior.**

**5. Ask for forgiveness.**

Things I would like to remember from today's sermon: \_\_\_\_\_

---

---

---

---

