



Remember to sign your child in and out daily-required by DHS. Thank you-



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Quality childcare is not expensive. It is priceless. . .

THE LEARNING CENTER

Our mission is *to make disciples of Jesus Christ for the transformation of the world.*

2019 CALENDAR OF EVENTS

First day of fall session	August 5
Block Party	August 18
Labor Day- TLC closed	September 2
Fall Break- TLC closed	October 17-18
Spring Enrollment	October 21-25
Halloween Parties	October 25
Fall Festival	October 27
Thanksgiving Break- TLC closed	November 27-29
Christmas Parties	December 20
Last day of fall session	December 20
Christmas Break- TLC closed	December 23-1/1
First day of spring session	January 2

FALL TUITION INCREASE



Our fall tuition increase is scheduled to go into effect August 5. Here are the monthly rates for:

Mondays or Wednesdays	\$131
Tuesdays or Thursdays	\$167
Fridays	\$119

Children attending five days a week will be \$715. Please see Denise if you have questions.



Mark your calendar to attend **TLC's OPEN HOUSE**
 August 28, 5:30 p.m. in the Parlor.



We do not quit playing because we grow old. We grow old because we quit playing.

-Oliver Wendell Holmes



Weekly Specials 2019

Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
Amazing Athletes 9:30 Tippi Toes Dance* 10:45	Art Lessons 1:30 Children's Chapel 2:45 (Zebraas & older in art)	Children's Chapel 9:45 Munchkin Music 10 (Everyone does music)	Amazing Athletes 10:00 Children's Chapel 2:45	Amazing Athletes (Monkeys and older participate in this)
*cost extra \$40 monthly	Chapel is for 3 yrs & up	Chapel for 3 yrs & up	Chapel for 3 yrs & up	



Why Is Patience Important?

Our hurry-up society doesn't offer children very many opportunities to learn how to be patient. Microwaves turn out hot dogs in 30 seconds. Charge cards allow parents to provide children with bicycles or new wardrobes the moment they want or need them. We can even obtain a suntan in less than 20 minutes in a tanning booth.

Brainstorm a list of things you can get in a hurry that you used to wait for.

Remember waiting all day for a pot of beans to cook or putting a much desired item in layaway and using your weekly allowance to pay for it? Both of these experiences and many others taught us patience and also helped us develop a sense of satisfaction and pride.

Think of something you bought on layaway. Do you remember what it felt like when you made the last payment?

Part of the fun of wanting something is the planning of how to get it. The small steps we take toward fulfilling our goal are celebrations within themselves. We do children a disservice by not finding opportunities for them to learn the joy of waiting.

Read books that illustrate patience. Check your library for some of those listed here. Each one provides opportunities to talk about patience, planning and/or preparing.

Here are some books to share with children

The Carrot Seed by Ruth Krauss
Dance, Tanya by Patricia Gauch
Dear Daddy by John Schindel
The Growing-Up Feet by Beverly Cleary
I Can't Wait by Elizabeth Crary
I Need a Lunch Box by Jeannette Caines
Not Yet, Yvette by Helen Ketteman

Pablo's Tree by Pat Mora

Source: *The Values Book*, Schiller, Pam and Bryant, Tamera, Gryphon House

Absences from School

We understand that people will miss school from time to time, but it helps us to know if you don't plan to attend. Call and let us know if your child is ill so we may let other families know too. Families benefit from the extra days when we know they will be available. Please help us with this process. Thanks!



Drop-In Charges Due

The next time you need to "drop in" (a day you don't normally attend) we will need the tuition to be paid at that time. All accounts must be paid **in full by the end of the month**. We appreciate your cooperation with this policy. Thank you!

DANGER in the Parking Lot!

Cars have been racing through our parking lot at speeds exceeding 20 miles per hour and this is a problem. Please remember that young children are at risk with speeding cars in the parking lot. We appreciate everyone remembering that there is precious cargo every where. SLOW it down.



IMMUNIZATIONS must be kept current. Please bring an updated shot record to school.

Thank you!

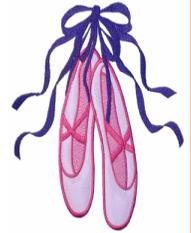
What I am looking for is not out there; it is in me.
-Helen Keller



Tippi Toes



Tippi Toes offers positive, fun dance classes for girls and boys ages 1.5 – 6 years-old! Our mission: to develop a love of dancing in children by creating a positive experience that promotes healthy living habits, helps build self-confidence, and a love for others. Classes at TLC are on Mondays from 10:30-10:55 a.m. Tuition is \$40 per month. To enroll, please go to www.tippitoesdance.com/oklahoma-city and follow the instructions. We do have classes all summer, too.



Amazing Athletes



Amazing Athletes is an introduction into the basic fundamentals and mechanics of nine different sports and focuses on self-confidence, practicing teamwork, and improving seven key areas of motor development. Young children need guidance in building their balance, agility and strength training within a non-competitive, learning-based environment.

Each class focuses on two different sports and incorporates activities proven to increase children's overall cardiovascular fitness, muscle tone, hand-eye coordination, reaction time and more! Teaching children life skills through sports is FUN! Classes are held on Mondays, Thursdays and Fridays, too. The program is for Monkeys, Zebras, Jaguars and Cheetahs. This program is a year-round activity. Wear your Amazing Athletes' shirts on the day you attend!

Music Classes

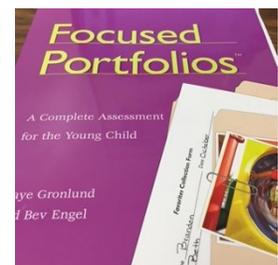


Your monthly tuition also includes Music class on Wednesdays. Each week we have Miss Andrea from Munchkin Music bring her expertise to the Cubs (infants) through Cheetahs. All of the children enjoy their music time and look forward to it. We have a Christmas Music Program and spring demonstration to share what the children have learned. Each month we send out songs, finger plays and key concepts that Andrea is working on with the children. Watch for this information each month in an email. Drop by to see the children in action. It is quite fun!

Focused Portfolios

Our staff uses a process of documentation called "Focused Portfolios" to record children's growth and development. Through photographs, anecdotes and children's work samples, teachers put together a visual account of each child's accomplishments. This process recognizes and celebrates that all children develop at different rates and with various strengths. Collections are completed in fall and spring and are kept in a folder for the year, after which the portfolio becomes a keepsake for the child and family. This collection is a representation of your child as an individual with distinct interests, background, skills and desires. We will offer family conferences twice a year to share these special collections and to celebrate the accomplishments of your child. Families are invited to participate in this portfolio collection process in whichever special way you choose. Here are some suggestions:

- ⇒ Create a photo collage of your immediate or extended family
- ⇒ Write about a special family event or trip and include a photo
- ⇒ Share how your child's name was selected
- ⇒ Describe a family hobby or typical weekend past time



Monthly Fire Drill



Our last fire drill was conducted July 18, in the late afternoon. The children exited the building in one minute. Make sure you practice what to do at home, too.

Art Classes with Ms. Vanessa

Each Tuesday classrooms (Zebras, Jaguars and Cheetahs) participate in Art class. The art studio is upstairs and the children enjoy going to work! You will see evidence of all their creativity in the hallways of our church. Some of their creations will be sent home as well. Ask your child to share with you what he or she has been working on.



Open House Scheduled

Join us for our Annual Open House on **August 28, 5:30 p.m.** We will be in the Parlor and meet the members of the Parent Advisory Committee, TLC Management Team, our Dance teachers, Amazing Athletes coaches, Munchkin Music teacher and our Art teacher. This may be one of the only times you will see all of our special teachers at once. Our teachers will be here and show you around the classroom where your children are working and learning every day. Light refreshments will be served. Bring the grandparents too. Great time



Services at Nichols Hills United Methodist Church

We invite all families to our church services on Sundays. There is an 8:30 a.m. and a 10:50 a.m. service. Sunday school is typically 9:45 to 10:30. Child care is available. Our music, choir and sermons are very much the antidote for a hectic life. Please join us. For more information call the church 842-1486. See you then!

August Birthdays

Arlo Weber	August 2
Taye Buck	August 9
Tilly Little	August 11
Hadley House	August 15
Sathina Norris*	August 18
August Haddad	August 21
Alex Wayne	August 25
Max Carter	August 25



*teacher

Children's Chapel Time

Our children are enjoying their time learning about God in our Sanctuary on Tuesdays, Wednesdays and Thursdays. We have a prayer, song and quick Bible story. As part of the Nichols Hills United Methodist Church's mission we are committed to leading children into faith for the transformation of the world. Tuesdays and Thursdays our chapel time is 2:45-3 p.m. and Wednesdays we have chapel 9:45-10 a.m. All are welcome.



The closer one gets to the top, the more one finds there is no "top."
-Nancy Barcus



August Afternoon Snacks 2019

<p>FYI: PM snacks are provided by TLC; AM snacks by families Except for Cubs</p>				
<p>5 Pudding Cups & Graham Crackers</p>	<p>6 Wheat Thins & Pickles</p>	<p>7 Carrots & Ranch Dip</p>	<p>8 Fruit snacks & Pretzels</p>	<p>9 Veggie Straws & Apple Juice</p>
<p>12 American Cheese & Honey Pretzels</p>	<p>13 Granola Bar & Juice</p>	<p>14 Chex Mix & Mandarin Oranges</p>	<p>15 Ham slice & Cheese Stick</p>	<p>16 Saltines & Pickle slices</p>
<p>19 Animal Crackers & Yogurt dip</p>	<p>20 Bananas & Nilla Wafers</p>	<p>21 Cheerios & Craisins</p>	<p>22 Goldfish & Apple juice</p>	<p>23 Pepperoni & Ritz Crackers</p>
<p>26 Veggie Straws & Ranch Dip</p>	<p>27 Graham cracker & Nutella</p>	<p>28 Ham slice & Ritz Crackers</p>	<p>29 Apple slices & String cheese</p>	<p>30 Hummus & Pretzels</p>

Parent Advisory Committee (PAC)

Our Parent Advisory Committee (PAC) will meet **August 14**. This group typically meets the second Wednesday of each month in the Parlor at **2 p.m.** Any family members who wish to participate are welcome to join us. The PAC serves as feedback for the management team, helps to distribute information, assist with special celebrations and so on. We would welcome your input as to how to involve families in our program or any other suggestions for improvements. So far the communication has improved with your help. Your involvement is always appreciated! The following people who represent the classrooms are:



Cubs—Laura Ernst
 Pandas—
 Monkeys—
 Zebras—Courtney Santana
 Jaguars—Annette Boyd
 Cheetahs—

Employee Anniversary

Each month we highlight the work anniversary of our staff. It is a very important indicator of the quality of a program. This month we are happy to acknowledge Ms. Key. On **August 5** she will celebrate **eight years** with The Learning Center. She is a leader in our program and a role model for many teachers. Ms. Key has taught others her system of organization, classroom management and development of portfolios. Her love for children is one of her strengths. Please join us in congratulating her on this achievement.

Ms. Keyneisha
 August 5
 8 years



Tuition Schedule effective August 5, 2019



Monthly Tuition

(Two day minimum, all ages)

Monday	Tuesday	Wednesday	Thursday	Friday
\$131	\$167	\$131	\$167	\$119

Examples: Monday, Wednesday, Friday = \$381
Tuesday, Thursday = \$334
Monday, Tuesday, Wednesday, Thursday, Friday = \$715
Any combination of days based on availability.

Other Fees:

- Enrollment Fee (per session) \$75 - 1st child; \$15 - less each additional child
- Supply Fee Included in enrollment fee.
- Drop In Rate \$35 per day Monday / Wednesday / Friday
\$45 per day Tuesday /Thursday (upon availability)
- Late Pick Up \$1 per minute, per child.
- Returned Check Fee \$25

7 Reasons for Challenging Behaviors

On her website, consultant Rae Pica lists seven reasons she believes we are seeing more challenging behaviors in children lately. Here's a synopsis of them:

Children have almost no time to play — something that early childhood researcher and professor Nancy Carlsson-Paige calls 'nature's plan' and 'a biological drive.' Experts around the globe agree with this statement. Can you imagine if we insisted that kittens and puppies stay still? If we prevented them from frolicking and playing? The idea is ludicrous – and it should be just as ludicrous when we're discussing children...

We are demanding that children accomplish things for which they are in no way developmentally equipped...

Children get little to no downtime...

We treat children as though they exist only from the neck up and that only their brains matter, when the research shows and good sense validates the importance of the mind-body connection...

We stifle children's natural creativity and inherent love of learning through worksheets, standardized tests and curricula, and an insistence on conformity and rote — as opposed to active, authentic — learning...

We pit children against one another with our focus on competition and winning...

Too many children spend hours in front of screens, leading sedentary lives (it's the sitting thing again) filled with virtual relationships instead of interacting with real people in real life – when the research clearly shows that social-emotional development is critical in early childhood and that *in-person interactions* are necessary for social-emotional development. Additionally, we have research demonstrating that screen time is creating depression and aggression in children..."

Source: <http://www.raepica.com/2019/05/challenging-behavior-in-early-childhood-settings/>

